

# TEST REPORT

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# D2018 12 17 001 S

Ordering Provider:  
Getuwell

Samples Received  
12/17/2018

Report Date  
12/17/2018

Samples Collected  
Saliva - 12/13/18 06:00  
Saliva - 12/13/18 06:30  
Saliva - 12/13/18 07:00  
Saliva - 12/13/18 12:00  
Saliva - 12/13/18 18:30  
Saliva - 12/13/18 22:30

Patient Name: Cortisol Awakening Response  
Patient Phone Number:

<b>Gender</b> Female	<b>Last Menses</b> 11/24/2018	<b>Height</b> 5 ft 5 in	<b>Waist</b> 34 in
<b>DOB</b> 6/11/1977 (41 yrs)	<b>Menses Status</b> Pre-Menopausal	<b>Weight</b> 170 lb	<b>BMI</b> 28.3

TEST NAME	RESULTS   12/13/18	RANGE
<b>Salivary Steroids</b>		
DHEAS	8.1	2-23 ng/mL (Age Dependent)
Cortisol	4.6	3.7-9.5 ng/mL (morning)
Cortisol	8.3	3.7-9.5 ng/mL (morning)
Cortisol	6.8	3.7-9.5 ng/mL (morning)
Cortisol	2.9	1.2-3.0 ng/mL (noon)
Cortisol	1.4	0.6-1.9 ng/mL (evening)
Cortisol	0.9	0.4-1.0 ng/mL (night)

<dL = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

## Therapies

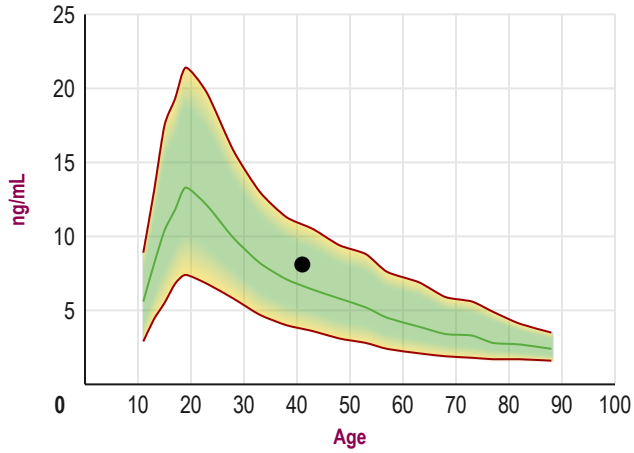
None

Graphs

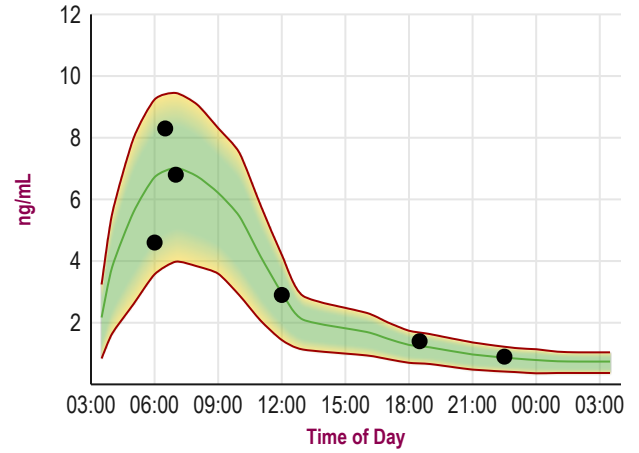
**Disclaimer:** Graphs below represent averages for healthy individuals not using hormones. Supplementation ranges may be higher. Please see supplementation ranges and lab comments if results are higher or lower than expected.

— Average ▼▲ Off Graph

Saliva DHEAS



Saliva Cortisol



# TEST REPORT | Patient Reported Symptoms

Cortisol Awakening Response  
# D2018 12 17 001 S

**Disclaimer:** Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to [www.zrtlab.com/patient-symptoms](http://www.zrtlab.com/patient-symptoms).

SYMPTOM CATEGORIES	RESULTS   12/13/18
Estrogen / Progesterone Deficiency	0%
Estrogen Dominance / Progesterone Deficiency	4%
Low Androgens (DHEA/Testosterone)	1%
High Androgens (DHEA/Testosterone)	2%
Low Cortisol	7%
High Cortisol	5%
Hypometabolism	1%
Metabolic Syndrome	9%

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Aches and Pains			
Acne			
Allergies			
Anxious			
Bleeding Changes			
Blood Pressure High			
Blood Pressure Low			
Blood Sugar Low			
Body Temperature Cold			
Bone Loss			
Breast Cancer			
Breasts - Fibrocystic			
Breasts - Tender			
Chemical Sensitivity			
Cholesterol High			
Constipation			
Depressed			
Fatigue - Evening			
Fatigue - Morning			
Fibromyalgia			
Foggy Thinking			
Goiter			
Hair - Dry or Brittle			
Hair - Increased Facial or Body			
Hair - Scalp Loss			
Headaches			
Hearing Loss			
Heart Palpitations			
Hoarseness			
Hot Flashes			
Incontinence			
Infertility			
Irritable			
Libido Decreased			
Memory Lapse			
Mood Swings			
Muscle Size Decreased			
Nails Breaking or Brittle			
Nervous			
Night Sweats			
Numbness - Feet or Hands			

CLIA Lic # 38D0960950  
12/17/2018 3:39:29 PM

The above results and comments are for informational purposes only and are not to be construed as medical advice. Please consult your healthcare practitioner for diagnosis and treatment.

*David T. Zava*

David T. Zava, Ph.D.  
Laboratory Director

*Alison McAllister ND*

Alison McAllister, ND.  
(Ordering Provider unless otherwise specified on page 1)

