

ZRT Insights

ZRT Laboratory's Web Series

A 45-60 minute interactive web-based seminar for ZRT Provider customers.

Thursday, March 18, 2010

12:00 pm (PST)

Cortisol's Connection with Heart Disease

Can't make this time or missed one? Check out the Archive Vault on the ZRT Provider Website to view all recorded webinars.

Emotional and physical stress can lead to chronically high cortisol levels, which have a huge impact on overall health. Cortisol is central to many biochemical processes and is not supposed to remain high for long periods. This webinar will discuss what happens when cortisol is out of balance, and how it creates a ripple effect that ultimately impacts cardiovascular health.

Presenter: Sanjay Kapur, PhD, Scientific Director at ZRT Laboratory

Space is limited. Reserve your Webinar Seat Now at:
<https://www2.gotomeeting.com/register/171917099>

** You will receive confirmation of your enrollment*

For any questions please contact webinar@zrtlab.com



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