

OVERVIEW – SALIVA & BLOOD SPOT HORMONE PROFILES

Abbreviations as they appear on test requisitions and test reports

*Tests available in New York

	Saliva Profile I	Saliva Profile II	Saliva Profile III	Hormone Trio (Saliva)	Diurnal Cortisol	Female Blood Profile I	Male Blood Profile I	Female Blood Profile II	Male Blood Profile II	Hormone Trio (Blood Spot)	Comprehensive Female Profile I	Comprehensive Male Profile I	Comprehensive Female Profile II	Comprehensive Male Profile II	
Saliva	*Cortisol (C)	Cx1	Cx2	Cx4		Cx4					Cx4	Cx4	Cx4	Cx4	
	*DHEA-S (DS)	•	•	•							•	•			
	*Estradiol (E2)	•	•	•	•						•	•			
	Estrinol (E3)														
	Estrone (E1)														
	*Progesterone (Pg)	•	•	•	•							•			
	*Testosterone (T)	•	•	•	•							•	•		
Blood Spot	Cortisol (C)					•	•	•	•						
	DHEA-S (DS)					•	•	•	•				•	•	
	Estradiol (E2, total)					•	•	•	•	•			•	•	
	Follicle Stimulating Hormone (FSH)														
	Free Thyroxine (fT4)							•	•		•	•	•	•	
	Free Triiodothyronine (fT3)							•	•		•	•	•	•	
	Hemoglobin A1c (HbA1c)														
	High Sensitivity C-Reactive Protein (hsCRP)														
	Insulin (In)														
	Insulin-Like Growth Factor (IGF-1)														
	Lutenizing Hormone (LH)														
	Progesterone (Pg)						•		•	•			•		
	Prostate Specific Antigen (PSA)							•	•			•		•	
	Sex Hormone Binding Globulin (SHBG)						•	•	•	•			•	•	
	Testosterone (T)						•	•	•	•	•			•	•
	Thyroglobulin (Tgbn)														
	Thyroid Peroxidase Antibody (TPOab)								•	•		•	•	•	•
	Thyroid Stimulating Hormone (TSH)								•	•		•	•	•	•
	Total Thyroxine (T4)														
	Triglycerides (TG)														
*Vitamin D 25-OH, Total (D2, D3)															

OVERVIEW – SPECIALTY HORMONE PROFILES

Abbreviations as they appear on test requisitions and test reports

*Tests available in New York

		Adrenal Stress Profile	CardioMetabolic Profile	Fertility Profile	Skin Vitality Profile	Sleep Balance Profile	Weight Management Profile
Saliva	*Cortisol (C)	Cx4		Cx4	Cx4		Cx4
	*DHEA-S (DS)	●			●		●
	*Estradiol (E2)				●		●
	Estrinol (E3)				●		
	Estrone (E1)						
	*Progesterone (Pg)				●		●
	*Testosterone (T)				●		●
Blood Spot	Cortisol (C)						
	DHEA-S (DS)			●			
	Estradiol (E2, total)			●			
	Follicle Stimulating Hormone (FSH)			●			
	Free Thyroxine (fT4)			●			
	Free Triiodothyronine (fT3)			●			
	Hemoglobin A1c (HbA1c)		●				●
	High Sensitivity C-Reactive Protein (hsCRP)		●				
	Insulin (In)		●				●
	Insulin-Like Growth Factor (IGF-1)						
	Lutenizing Hormone (LH)			●			
	Progesterone (Pg)			●			
	Prostate Specific Antigen (PSA)						
	Sex Hormone Binding Globulin (SHBG)			●			
	Testosterone (T)			●			
	Thyroglobulin (Tgbn)						
	Thyroid Peroxidase Antibody (TPOab)			●			
	Thyroid Stimulating Hormone (TSH)			●	●		●
	Total Thyroxine (T4)						
	Triglycerides (TG)		●				
*Vitamin D 25-OH, Total (D2, D3)				●		●	
	Free Cortisol x4					●	
	Free Cortisone x4					●	
	Melatonin (MT6s) x4					●	
	Norepinephrine x4 & Epinephrine x4 (add-on)					●	

OVERVIEW – THYROID & ELEMENT PROFILES

Abbreviations as they appear on test requisitions and test reports

		Essential Thyroid Profile	Comprehensive Thyroid Profile	Elements - Blood Spot Profile	Elements - Dried Urine Profile	Comprehensive Elements Profile	Iodine Panel
Blood Spot	Free Thyroxine (fT4)	●	●				
	Free Triiodothyronine (fT3)	●	●				
	Thyroglobulin (Tgbn)		●				
	Thyroid Peroxidase Antibody (TPOab)	●	●				
	Thyroid Stimulating Hormone (TSH)	●	●				
	Total Thyroxine (T4)		●				
	Cadmium (Cd)			●		●	
	Copper (Cu)			●		●	
	Lead (Pb)			●		●	
	Magnesium (Mg)			●		●	
	Mercury (Hg)			●		●	
	Selenium (Se)			●		●	
	Zinc (Zn)			●		●	
Dried Urine	Arsenic (Ar)		●		●	●	
	Bromine (Br)		●		●	●	
	Cadmium (Cd)		●		●	●	
	Iodine (I)		●		●	●	●
	Mercury (Hg)		●		●	●	
	Selenium (Se)		●		●	●	

Creatinine is measured in all urine samples to correct results for urine dilution.

OVERVIEW – DRIED URINE METABOLITE PROFILES

Abbreviations as they appear on test requisitions and test reports		ADRENAL	ESTROGEN ESSENTIAL	ESTROGEN ELITE	ANDROGEN ELITE	BASIC	INTERMEDIATE	ADVANCED
Estrogens	Estradiol (E2)		•	•	•	•	•	•
	Estrone (E1)		•	•	•	•	•	•
	Estriol (E3)		•	•	•	•	•	•
	2-Hydroxy Estradiol (2-OH E2)		•	•				•
	2-Hydroxy Estrone (2-OH E1)		•	•	•		•	•
	4-Hydroxy Estradiol (4-OH E2)		•	•			•	•
	4-Hydroxy Estrone (4-OH E1)		•	•			•	•
	16 α -Hydroxy Estrone (16 α -OH E1)		•	•	•		•	•
	2-Methoxy Estradiol (2-MeO E2)		•	•				•
	2-Methoxy Estrone (2-MeO E1)		•	•			•	•
	4-Methoxy Estradiol (4-MeO E2)		•	•			•	•
	4-Methoxy Estrone (4-MeO E1)		•	•				•
	Bisphenol A (BPA)			•			•	•
Progestogens	Pregnanediol (Pgdiol)			•	•	•	•	•
	Allopregnanolone (APglone)			•	•	•	•	•
	Allopregnanediol (APgdiol)							•
	3 α -Dihydroprogesterone (3 α HP)							•
	20 α -Dihydroprogesterone (20 α HP)							•
	Deoxycorticosterone (DOC)							•
	Corticosterone (CORT)							•
Androgens	DHEA (D)	•		•	•	•	•	•
	Androstenedione (A)			•	•		•	•
	Androsterone (Andro)							•
	Etiocholanolone (Etio)							•
	Testosterone (T)			•	•	•	•	•
	Epi-Testosterone (Epi-T)			•	•	•	•	•
	5 α -Dihydrotestosterone (5 α -DHT)			•	•	•	•	•
	5 α ,3 α -Androstanediol (5 α 3 α)				•			•
Glucocorticoids	Total Cortisol (F(GC))	•			•	•	•	•
	Free Cortisol x4 (F(LC)x4)	•					•	•
	Total Cortisone (E(GC))	•			•		•	•
	Free Cortisone x4 (E(LC)x4)	•					•	•
	Tetrahydrocortisol (THF)	•			•		•	•
	Tetrahydrocortisone (THE)	•			•		•	•
Melatonin	Melatonin (MT6s)						•	
	Melatonin x4 (MT6s x4)							•

OVERVIEW – DRIED URINE NEUROTRANSMITTER PROFILES

Abbreviations as they appear on test requisitions and test reports

		BASIC	INTERMEDIATE	ADVANCED
Neurotransmitters	GABA	●	●	●
	Glutamate (Glu)	●	●	●
	Glycine (Gly)		●	●
	Dopamine (DA)	●	●	●
	Epinephrine (Epi)	●	●	●
	Histamine (HIST)		●	●
	Norepinephrine (NE)	●	●	●
	Serotonin (5-HT)	●	●	●
	Phenethylamine (PEA)	●	●	●
	DOPAC			●
	HVA			●
	5-HIAA			●
	Normetanephrine (NMN)			●
	VMA			●
Add-Ons	Saliva Hormones: Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA-S (DS), Cortisol (C)	●	●	●
	Urine Hormones: E2, Pregnanediol, Allopregnanolone, Androstenedione, T, DHT, DHEA, 5 α ,3 α -Androstanediol	●	●	●
	Free Cortisol x4	●	●	●
	Free Cortisone x4	●	●	●
	Melatonin (MT6s) x4	●	●	●
	Norepinephrine x4 & Epinephrine x4	●	●	●

Creatinine is measured in all urine samples to correct results for urine dilution.