

# Overview of Kits

## ZRT Laboratory Standard Kits



### SALIVA

- ▶ **Female / Male Saliva Profile I:** E2, Pg, T, DS, C
- ▶ **Female / Male Saliva Profile II:** E2, Pg, T, DS, Cx2
- ▶ **Female / Male Saliva Profile III:** E2, Pg, T, DS, Cx4
- ▶ **LCMS Saliva Steroid Profile:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ
- ▶ **Hormone Trio - Saliva:** E2, Pg, T
- ▶ **Adrenal Stress:** DS, Cx4
- ▶ **Diurnal Cortisol:** Cx4



### DRIED BLOOD SPOT

- ▶ **Female Blood Profile I:** E2, Pg, T, SHBG, DS, C
- ▶ **Female Blood Profile II:** E2, Pg, T, SHBG, DS, C, TSH, ft3, ft4, TPOab
- ▶ **Male Blood Profile I:** E2, T, PSA, SHBG, DS, C
- ▶ **Male Blood Profile II:** E2, T, PSA, SHBG, DS, C, TSH, ft3, ft4, TPOab
- ▶ **Hormone Trio - Blood:** E2, Pg, T
- ▶ **Vitamin D:** 25-OH D2, 25-OH D3, total
- ▶ **CardioMetabolic Profile:** In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL
- ▶ **Toxic & Essential Elements - Blood:** Zn, Cu, Mg, Se, Cd, Pb, Hg
- ▶ **Essential Thyroid Profile:** TSH, ft3, ft4, TPOab
- ▶ **Elite Thyroid Profile:** T4, Tgbn, TSH, ft3, ft4, TPOab



### SALIVA + BLOOD

- ▶ **Comprehensive Female Profile I:** Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, ft3, ft4, TPOab
- ▶ **Comprehensive Female Profile II:** Saliva: Cx4  
Blood Spot: E2, Pg, T, SHBG, DS, TSH, ft3, ft4, TPOab
- ▶ **Comprehensive Male Profile I:** Saliva: E2, T, DS, Cx4  
Blood Spot: PSA, TSH, ft3, ft4, TPOab
- ▶ **Comprehensive Male Profile II:** Saliva: Cx4  
Blood Spot: E2, T, SHBG, PSA, DS, TSH, ft3, ft4, TPOab



### BLOOD + URINE

- ▶ **Comprehensive Thyroid Profile:** Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn  
Blood Spot: T4, Tgbn, TSH, ft3, ft4, TPOab
- ▶ **Comprehensive Toxic & Essential Elements** Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg  
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

# ZRT Laboratory Specialty Kits



## ADRENAL STRESS

- ▶ Saliva: DS, Cx4



## CORTISOL AWAKENING RESPONSE

- ▶ Saliva: DS, Cx6



## HEAVY METALS & ESSENTIAL ELEMENTS

- ▶ **Iodine Panel**  
I, Crtn
- ▶ **Toxic & Essential Elements - Urine**  
I, Br, Se, Li, As, Cd, Hg, Crtn
- ▶ **Toxic & Essential Elements - Blood**  
Zn, Cu, Mg, Se, Cd, Pb, Hg
- ▶ **Comprehensive Toxic & Essential Elements**  
Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg  
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn
- ▶ **Rare Elements Profile**  
Gd, Tl, U, Crtn
- ▶ **Elite Thyroid Profile**  
T4, Tgbn, TSH, ft3, ft4, TPOab



## NEUROTRANSMITTERS

- ▶ **NeuroAdvanced Profile:**  
Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Crtn



## URINE METABOLITES

- ▶ **Adrenal Profile**
- ▶ **Estrogen Essential Profile**
- ▶ **Estrogen Elite Profile**
- ▶ **Basic Metabolites Profile**
- ▶ **Advanced Metabolites Profile**



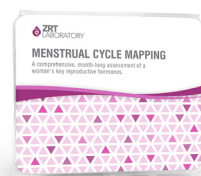
## BLOOD DRAW

- ▶ **Female Serum Hormones Basic Profile:**  
E2, Pg, T, SHBG, DS, C, TSH
- ▶ **Female Serum Hormones Advanced Profile:**  
E2, Pg, T, SHBG, DS, C, TSH, ft3, ft4, TPOab, FSH, LH, FER
- ▶ **Male Serum Hormones Basic Profile:**  
E2, T, PSA, SHBG, DS, C, TSH
- ▶ **Male Serum Hormones Advanced Profile:**  
E2, T, PSA, SHBG, DS, C, TSH, ft3, ft4, TPOab, LH, PRL, FER
- ▶ **Methylation Profile:**  
FER, FOL, HCY, B12
- ▶ **Methylation & Memory Basic Profile:**  
E2, Pg, T, TSH, FOL, HCY, B12, BDNF
- ▶ **Methylation & Memory Advanced Profile:**  
E2, Pg, T, SHBG, DS, C, TSH, ft3, ft4, TPOab, FER, FOL, B12, HCY, BDNF



## FERTILITY

- ▶ Saliva: Cx4  
Blood Spot: E2, Pg, T, SHBG, DS, TSH, ft3, ft4, TPOab, FSH, LH



## MENSTRUAL CYCLE MAPPING

- ▶ Dried Urine: E1G, PDG, LH, Crtn



## SLEEP BALANCE

- ▶ Dried Urine: Melatonin (MT6s) x4, Free Cortisol x4, Free Cortisone x4, Crtn



## WEIGHT MANAGEMENT

- ▶ Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, 25-OH D2, 25-OH D3, HbA1c, In

### ZRT Laboratory Test Kits

Our all-inclusive test kits are simple and convenient for both patients and providers. All kits (except serum) are designed for private sample collection at home, at the optimal time.

Orders can be placed online at [myZRT.com](http://myZRT.com) or by phone at 866.600.1636 or +1.503.466.2445.