Overview of Kits

ZRT Laboratory Standard Kits

**SALIVA**
- **Female / Male Saliva Profile I:** E2, Pg, T, DS, C
- **Female / Male Saliva Profile II:** E2, Pg, T, DS, Cx2
- **Female / Male Saliva Profile III:** E2, Pg, T, DS, Cx4
- **LCMS Saliva Steroid Profile:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ
- **Hormone Trio - Saliva:** E2, Pg, T
- **Adrenal Stress:** DS, Cx4
- **Diurnal Cortisol:** Cx4

**DRIED BLOOD SPOT**
- **Female Blood Profile I:** E2, Pg, T, SHBG, DS, C
- **Female Blood Profile II:** E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- **Male Blood Profile I:** E2, T, PSA, SHBG, DS, C
- **Male Blood Profile II:** E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab
- **Hormone Trio - Blood:** E2, Pg, T
- **Vitamin D:** 25-OH D2, 25-OH D3, total
- **CardioMetabolic Profile:** In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL
- **Toxic & Essential Elements - Blood:** Zn, Cu, Mg, Se, Cd, Pb, Hg
- **Essential Thyroid Profile:** TSH, fT3, fT4, TPOab
- **Elite Thyroid Profile:** T4, Tgbn, TSH, fT3, fT4, TPOab

**SALIVA + BLOOD**
- **Comprehensive Female Profile I:**
  - Saliva: E2, Pg, T, DS, Cx4
  - Blood Spot: TSH, fT3, fT4, TPOab
- **Comprehensive Female Profile II:**
  - Saliva: Cx4
  - Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab

**BLOOD + URINE**
- **Comprehensive Thyroid Profile:**
  - Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn
  - Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab
- **Comprehensive Toxic & Essential Elements**
  - Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg
  - Urine: I, Br, Se, Li, As, Cd, Hg, Crtn
ZRT Laboratory Specialty Kits

FERTILITY
- Saliva: Cx4
- Blood Spot: E2, Pg, T, SHBG, DS, C, TSH
- Male Serum Hormones Basic Profile:
  - E2, T, PSA, SHBG, DS, C, TSH
- Male Serum Hormones Advanced Profile:
  - E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab, LH, PRL, FER
- Methylation Profile:
  - FER, FOL, HCY, B12
- Methylation & Memory Basic Profile:
  - E2, Pg, T, TSH, FOL, HCY, B12, BDNF
- Methylation & Memory Advanced Profile:
  - E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab, FER, FOL, B12, HCY, BDNF

CORTISOL AWAKENING RESPONSE
- Saliva: DS, Cx6

ADRENAL STRESS
- Saliva: DS, Cx4

BLOOD DRAW
- Female Serum Hormones Basic Profile:
  - E2, Pg, T, SHBG, DS, C, TSH
- Female Serum Hormones Advanced Profile:
  - E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab, FSH, LH, FER
- Male Serum Hormones Basic Profile:
  - E2, T, PSA, SHBG, DS, C, TSH
- Male Serum Hormones Advanced Profile:
  - E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab, LH, PRL, FER

HEAVY METALS & ESSENTIAL ELEMENTS
- Iodine Panel
  - I, Crtn
- Toxic & Essential Elements - Urine
  - I, Br, Se, Li, As, Cd, Hg, Crtn
- Toxic & Essential Elements - Blood
  - Zn, Cu, Mg, Se, Cd, Pb, Hg
- Comprehensive Toxic & Essential Elements
  - Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg
  - Urine: I, Br, Se, Li, As, Cd, Hg, Crtn
- Rare Elements Profile
  - Gd, Tl, Li, Crtn
- Elite Thyroid Profile
  - T4, Tgbn, TSH, fT3, fT4, TPOab

NEUROTRANSMITTERS
- NeuroAdvanced Profile:
  - Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Crtn

URINE METABOLITES
- Adrenal Profile
- Estrogen Essential Profile
- Estrogen Elite Profile
- Basic Metabolites Profile
- Advanced Metabolites Profile

ZRT Laboratory Test Kits

Our all-inclusive test kits are simple and convenient for both patients and providers. All kits (except serum) are designed for private sample collection at home, at the optimal time.

Orders can be placed online at myZRT.com or by phone at 866.600.1636 or +1.503.466.2445.