

# Overview of Kits | Standard Kits



## SALIVA

- **Female / Male Saliva Profile I:** E2, Pg, T, DS, C
- **Female / Male Saliva Profile II:** E2, Pg, T, DS, Cx2
- **Female / Male Saliva Profile III:** E2, Pg, T, DS, Cx4
- **LCMS Saliva Steroid Profile:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ
- **Hormone Trio - Saliva:** E2, Pg, T
- **Adrenal Stress:** DS, Cx4
- **Diurnal Cortisol:** Cx4



## DRIED BLOOD SPOT

- **Female Blood Profile I:** E2, Pg, T, SHBG, DS, C
- **Female Blood Profile II:** E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- **Male Blood Profile I:** E2, T, PSA, SHBG, DS, C
- **Male Blood Profile II:** E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab
- **Hormone Trio - Blood:** E2, Pg, T
- **Vitamin D:** 25-OH D2, 25-OH D3, total
- **CardioMetabolic Profile:** In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL
- **Toxic & Essential Elements - Blood:** Zn, Cu, Mg, Se, Cd, Pb, Hg
- **Essential Thyroid Profile:** TSH, fT3, fT4, TPOab
- **Elite Thyroid Profile:** T4, Tgbn, TSH, fT3, fT4, TPOab



## SALIVA + BLOOD

- **Comprehensive Female Profile I:** Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, fT3, fT4, TPOab
- **Comprehensive Female Profile II:** Saliva: Cx4  
Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab
- **Comprehensive Male Profile I:** Saliva: E2, T, DS, Cx4  
Blood Spot: PSA, TSH, fT3, fT4, TPOab
- **Comprehensive Male Profile II:** Saliva: Cx4  
Blood Spot: E2, T, SHBG, PSA, DS, TSH, fT3, fT4, TPOab



## BLOOD + URINE

- **Comprehensive Thyroid Profile:** Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn  
Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab
- **Comprehensive Toxic & Essential Elements** Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg  
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn



## BLOOD DRAW

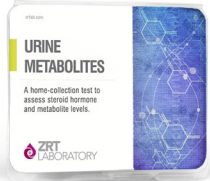
- **Female Serum Hormones Basic Profile:** E2, Pg, T, SHBG, DS, C, TSH
- **Female Serum Hormones Advanced Profile:** E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab, FSH, LH, FER
- **Male Serum Hormones Basic Profile:** E2, T, PSA, SHBG, DS, C, TSH
- **Male Serum Hormones Advanced Profile:** E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab, LH, PRL, FER
- **Methylation Profile:** FER, FOL, HCY, B12
- **Methylation & Memory Basic Profile:** E2, Pg, T, TSH, FOL, HCY, B12, BDNF
- **Methylation & Memory Advanced Profile:** E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab, FER, FOL, B12, HCY, BDNF

# Specialty Kits



## NEUROTRANSMITTERS

- **NeuroAdvanced Profile:**  
Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Crtn



## URINE METABOLITES

- **Adrenal Profile**
- **Estrogen Essential Profile**
- **Estrogen Elite Profile**
- **Basic Metabolites Profile**
- **Advanced Metabolites Profile**



## SLEEP BALANCE

- Dried Urine: Melatonin (MT6s) x4, Free Cortisol x4, Free Cortisone x4, Crtn



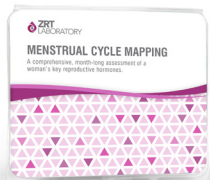
## ADRENAL STRESS

- Saliva: DS, Cx4



## CORTISOL AWAKENING RESPONSE

- Saliva: DS, Cx6



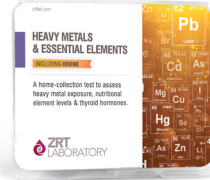
## MENSTRUAL CYCLE MAPPING

- Dried Urine: E1G, PDG, LH, Crtn



## FERTILITY

- Saliva: Cx4  
Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab, FSH, LH



## HEAVY METALS & ESSENTIAL ELEMENTS

- **Iodine Panel**  
I, Crtn
- **Toxic & Essential Elements - Urine**  
I, Br, Se, Li, As, Cd, Hg, Crtn
- **Toxic & Essential Elements - Blood**  
Zn, Cu, Mg, Se, Cd, Pb, Hg
- **Comprehensive Toxic & Essential Elements**  
Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg  
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn
- **Elite Thyroid Profile**  
T4, Tgbn, TSH, fT3, fT4, TP0ab



## WEIGHT MANAGEMENT

- Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, 25-OH D2, 25-OH D3, HbA1c, In

## The Wellness Suite ▾



## WELLNESS METRICS

- Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, D2/D3, In, HbA1c



## FITNESS METRICS

- Blood Spot: E2, Pg, T, DS, C, SHBG, TSH, D2/D3, TG, CH, HDL, LDL, VLDL



## ELITE ATHLETE METRICS

- Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, fT3, fT4, TPOab, D2/D3

## About ZRT Laboratory Test Kits

Our all-inclusive test kits are simple and convenient for both patients and providers. All kits (except serum) are designed for private sample collection at home, at the optimal time.

Orders can be placed online at [www.myZRT.com](http://www.myZRT.com) or by phone at 866.600.1636 or +1.503.466.2445