



# Overview of Kits

## Standard Kits



### Saliva

**Saliva Profile I:** E2, Pg, T, DS, C

**Saliva Profile II:** E2, Pg, T, DS, Cx2

**Saliva Profile III:** E2, Pg, T, DS, Cx4

**Hormone Trio:** E2, Pg, T

**Adrenal Stress Profile:** DS, Cx4

**Diurnal Cortisol Profile:** Cx4

**Saliva Steroid LC-MS Profile 7:** E2, E3, E1, Pg, T, DS, C

**Saliva Steroid LC-MS Profile 23:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ



### Dried Blood Spot

**Female Blood Profile I:** E2, E3, E1, Pg, T, SHBG, DS, C

**Female Blood Profile II:** E2, E3, E1, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab

**Male Blood Profile I:** E2, E1, Pg, T, PSA, SHBG, DS, C

**Male Blood Profile II:** E2, E1, Pg, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab

**Hormone Trio:** E2, Pg, T

**Vitamin D Profile:** 25-OH D2, 25-OH D3, total

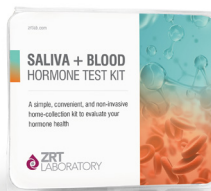
**CardioMetabolic Profile:** In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL

**Toxic & Essential Elements:** Zn, Cu, Mg, Se, Cd, Hg

**Essential Thyroid Profile:** TSH, fT3, fT4, TPOab

**Elite Thyroid Profile:** T4, Tgbn, TSH, fT3, fT4, TPO

**New! Anti-Müllerian Hormone Profile: AMH**



### Saliva + Blood

**Comprehensive Female Profile I**

Saliva: E2, Pg, T, DS, Cx4

Blood Spot: TSH, fT3, fT4, TPOab

**Comprehensive Female Profile II**

Saliva: Cx4

Blood Spot: E2, E3, E1, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab

**Comprehensive Male Profile I**

Saliva: E2, T, DS, Cx4

Blood Spot: PSA, TSH, fT3, fT4, TPOab

**Comprehensive Male Profile II**

Saliva: Cx4

Blood Spot: E2, E1, Pg, T, SHBG, PSA, DS, TSH, fT3, fT4, TPOab

**New! Anti-Müllerian Hormone Profile: AMH**



### Blood + Urine

**Comprehensive Toxic & Essential Elements Profile**

Dried Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

Blood Spot: Zn, Cu, Mg, Se, Cd, Hg

**Comprehensive Thyroid Profile**

Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn

Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab

**New! Anti-Müllerian Hormone Profile: AMH**



## Neurotransmitters

### Neurotransmitters Profile

Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Trp, Kyn, 3-OHKyn, Tau, Gln, His, N-MeHist, Tyra, KynAc, Xanth, Tyr & Crtn

### Neurotransmitters + Saliva Steroids Profile

### Neurotransmitters + UDH I Profile

### Neurotransmitters + UDH II Profile

### Neurotransmitters + UDH III Profile

### Neurotransmitters + Saliva Steroids + UDH III Profile



## Weight Management

### Weight Management Profile

Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, D2, D3, In, HbA1c

### Weight Management + Thyroid Profile

Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, D2, D3, In, HbA1c, fT3, fT4, TPOab

### Weight Management + Cardio Profile

Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, D2, D3, In, HbA1c, hsCRP, TG, CH, LDL, VLDL, HDL

### Weight Management + Thyroid + Cardio Profile

Saliva: E2, Pg, T, DS, Cx4  
Blood Spot: TSH, D2, D3, In, HbA1c, fT3, fT4, TPOab, hsCRP, TG, CH, LDL, VLDL, HDL



## Sleep Balance

### Urine Diurnal Hormones (UDH) I Profile

Dried Urine: Free Cortisol x4, Free Cortisone x4, Crtn

### UDH II Profile

Dried Urine: Free Cortisol x4, Free Cortisone x4, Melatonin (MT6s) x4, Crtn

### UDH III Profile

Dried Urine: Free Cortisol x 4, Free Cortisone x4, Melatonin (MT6s) x4, NE x4, Epi x4, Crtn



## Heavy Metals & Essential Elements

### Iodine Panel – Urine Profile I, Crtn

### Toxic & Essential Elements Urine Profile

I, Br, Se, Li, As, Cd, Hg, Crtn

### Toxic & Essential Elements Blood Profile

Zn, Cu, Mg, Se, Cd, Hg

### Comprehensive Toxic & Essential Elements Profile

Blood Spot: Zn, Cu, Mg, Se, Cd, Hg  
Dried Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

### Elite Thyroid Profile – Blood Profile

T4, Tgbn, TSH, fT3, fT4, TPO



## Urine Metabolites

### Estrogen Essential Profile

Dried Urine: Estrogens (12), Crtn

### Sex Steroid Metabolites Profile

Dried Urine: Estrogens (13), Progestogens (7), Androgens (8), Glucocorticoids (4), Crtn

### Sex Steroid Metabolites + UDH II Profile



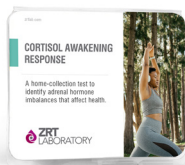
## Menstrual Cycle Mapping

Dried Urine: EIG, PDG, LH, Crtn



## Adrenal Stress

Saliva: DS, Cx4



## Cortisol Awakening Response

Saliva: DS, Cx6

## About ZRT Laboratory Test Kits

ZRT's all-inclusive test kits are designed for private sample collection at home, at the optimal time.

**Learn more about testing with ZRT at [zrtlab.com](http://zrtlab.com).**