



Overview of Kits

Panel Menu



Saliva Kit

- **Single Tests in Saliva:** C
- **4-Point Cortisol:** C(x4)
- **Adrenal Stress:** DHEAs, C(x4)
- **LCMS Hormones 3:** E2, Pg, T
- **LCMS Hormones 5:** E2, Pg, T, DHEAs, C
- **LCMS Hormones 7:** E2, E3, E1, Pg, T, DHEAs, C
- **LCMS Hormones 17:** E2, E3, E1, PregS, Pg, AlloP, 17OHPg, Adione, T, D, DS, 7keto, 11DC, C, Cn, Cnn, Ald
- **LCMS Hormones 23:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ
- **LCMS Hormones 3 with 4-Point Cortisol**
- **LCMS Hormones 5 with 4-Point Cortisol**
- **LCMS Hormones 7 with 4-Point Cortisol**
- **LCMS Hormones 17 with 4-Point Cortisol**
- **LCMS Hormones 23 with 4-Point Cortisol**



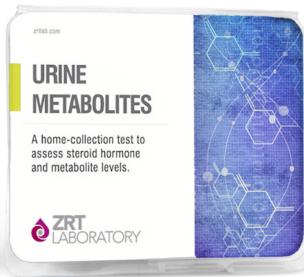
Saliva Cortisol Awakening Response Kit

- **Cortisol Awakening Response:** DHEAs, C(x6)



Dried Blood Spot Kit

- **Single Tests in Dried Blood Spot:** SHBG, PSA, TSH, AMH, hsCRP, In, HbA1c
- **Dual Tests in Dried Blood Spot:** LH and FSH
- **Thyroids:** TSH, FT3, FT4, TT4, Tgbn, TPOab
- **Lipids:** TG, CH, HDL, LDL, VLDL
- **CardioMetabolic:** HbA1c, TG, CH, HDL, LDL, VLDL, In, hsCRP
- **ICPMS Toxic and Essential Elements:** Zn, Cu, Mg, Se, Cd, Hg
- **LCMS Vitamin D:** D2, D3, D Total
- **LCMS Hormones 3 with SHBG:** E2, Pg, T, SHBG
- **LCMS Hormones 5 with SHBG:** E2, Pg, T, DHEAs, C, SHBG
- **LCMS Hormones 7 with SHBG:** E2, E3, E1, Pg, T, DHEAs, C, SHBG
- **LCMS Hormones 7 with SHBG and Thyroids**



Saliva + Dried Urine Hormone Metabolites Kit

- **Dried Urine: GCMS Estrogen Metabolites:** Estrogens (12), BPA, Crtn
- **Dried Urine: GCMS Hormone Metabolites:** Estrogens (12), BPA, Progestogens (7), Androgens (8), Glucocorticoids (4), Crtn
- **Dried Urine: LCMS Diurnal Hormones I:** C(x4), Cn(x4), Mt(x4), Crtn(x4)
- **Dried Urine: GCMS Estrogen Metabolites and LCMS Diurnal Hormones I**
- **Dried Urine: GCMS Hormone Metabolites and LCMS Diurnal Hormones I**
- **Saliva: 4-Point Cortisol + Dried Urine: GCMS Estrogen Metabolites**
- **Saliva: 4-Point Cortisol + Dried Urine: GCMS Hormone Metabolites**



Saliva + Dried Urine Neurotransmitter Kit

- **Dried Urine: LCMS Neurotransmitters:** Trp, 5-HT, 5-HIAA, GABA, Gly, Tau, Glu, Gln, His, HIST, N-MeHist, PEA, Tyr, Tyra, DA, DOPAC, HVA, NE, NMN, Epi, VMA, Kyn, KynAc, 3OHKyn, Xanth, Crtn
- **Dried Urine: LCMS Diurnal Hormones I:** FC(x4), FCn(x4), MT6s(x4), Crtn(x4)
- **Dried Urine: LCMS Diurnal Hormones II:** FC(x4), FCn(x4), NE(x4), Epi(x4), MT6s(x4), Crtn(x4)
- **Dried Urine: LCMS Neurotransmitters and Diurnal Hormones I**
- **Dried Urine: LCMS Neurotransmitters and LCMS Diurnal Hormones II**
- **Saliva: 4-Point Cortisol + Dried Urine: LCMS Neurotransmitters**
- **Saliva: LCMS Hormones 7 + Dried Urine: LCMS Neurotransmitters**
- **Saliva: LCMS Hormones 7 + Dried Urine: LCMS Neurotransmitters and LCMS Diurnal Hormones I**
- **Saliva: LCMS Hormones 7 + Dried Urine: LCMS Neurotransmitters and LCMS Diurnal Hormones II**
- **Saliva: LCMS Hormones 7 with 4-Point Cortisol + Dried Urine: LCMS Neurotransmitters**



Saliva + Blood Spot Kit

- **Saliva: 4-Point Cortisol + Blood Spot: Thyroids**
- **Saliva: 4-Point Cortisol + Blood Spot: Cardiometabolic**
- **Saliva: 4-Point Cortisol + Blood Spot: Thyroids and Cardiometabolic**
- **Saliva: 4-Point Cortisol + Blood Spot: LCMS Hormones 7 with SHBG**
- **Saliva: 4-Point Cortisol + Blood Spot: LCMS Hormones 7 with SHBG and Thyroids**
- **Saliva: 4-Point Cortisol + Blood Spot: LCMS Hormones 7 with SHBG and Cardiometabolic**
- **Saliva: 4-Point Cortisol + Blood Spot: LCMS Hormones 7 with SHBG, Thyroids and Cardiometabolic**
- **Saliva: LCMS Hormones 7 with 4-Point Cortisol + Blood Spot: Thyroids**
- **Saliva: LCMS Hormones 7 with 4-Point Cortisol + Blood Spot: Cardiometabolic**
- **Saliva: LCMS Hormones 7 with 4-Point Cortisol + Blood Spot: Thyroids and Cardiometabolic**
- **Saliva: LCMS Hormones 7 with 4-Point Cortisol + Blood Spot: Thyroids, Cardiometabolic, and LCMS Vitamin D [Weight Management]**

Panel Menu *Continued*



Blood Spot + Dried Urine Kit

- **Dried Urine: ICPMS Iodine:** I, Crtn
- **Dried Urine: ICPMS Toxic and Essential Elements:** I, Br, Se, Li, As, Cd, Hg, Crtn
- **Blood Spot: Thyroids + Dried Urine: GCMS Estrogen Metabolites**
- **Blood Spot: Thyroids + Dried Urine: GCMS Estrogen Metabolites and LCMS Diurnal Hormones I**
- **Blood Spot: Thyroids + Dried Urine: GCMS Hormone Metabolites**
- **Blood Spot: Thyroids + Dried Urine: GCMS Hormone Metabolites and LCMS Diurnal Hormones I**
- **Blood Spot: Thyroids + Dried Urine: ICPMS Iodine**
- **Blood Spot: Thyroids + Dried Urine: ICPMS Toxic and Essential Elements**
- **Blood Spot: ICPMS Toxic and Essential Elements + Dried Urine: ICPMS Toxic and Essential Elements**



Dried Urine Menstrual Cycle Mapping Kit

- **Menstrual Cycle Mapping:** LH(x15), EIG(x15), PDG(x15), Crtn(x15)

About ZRT Laboratory Test Kits

ZRT's all-inclusive test kits are designed for private sample collection at home, at the optimal time.

Learn more about testing with ZRT at zrtlab.com.