



# Overview of Kits

## Panel Menu



### Single-Tube Saliva Kit

**S-101 Cortisol:** C

**S-123 LCMS Hormones 3:** E2, Pg, T

**S-124 LCMS Hormones 5:** E2, Pg, T, DHEAs, C

**S-125 LCMS Hormones 7:** E2, E3, E1, Pg, T, DHEAs, C

**S-126 LCMS Hormones 17:** E2, E3, E1, PregS, Pg, AlloP, 17OHPg, Adione, T, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald

**S-127 LCMS Hormones 23:** E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, MeI, ANZ, FIN, LTZ



### Saliva Kit

**S-120 4-Point Cortisol:** C(x4)

**S-121 Adrenal Stress:** DHEAs, C(x4)

**S-140 LCMS Hormones 3 with 4-Point Cortisol**

**S-141 LCMS Hormones 5 with 4-Point Cortisol**

**S-142 LCMS Hormones 7 with 4-Point Cortisol**

**S-143 LCMS Hormones 17 with 4-Point Cortisol**

**S-144 LCMS Hormones 23 with 4-Point Cortisol**

**S-145 LCMS Hormones 5 with 2-Point Cortisol:** E2, Pg, T, DS, C(x2)

**S-146 LCMS Hormones 7 with 2-Point Cortisol:** E1, E2, E3, Pg, T, DS, C(x2)



### Saliva Cortisol Awakening Response Kit

**S-122 Cortisol Awakening Response:** DHEAs, C(x6)



### Dried Blood Spot Kit - Single Tests

**B-201 Blood Spot SHBG:** SHBG

**B-206 Blood Spot hsCRP:** hsCRP

**B-202 Blood Spot PSA:** PSA

**B-207 Blood Spot Insulin:** IN

**B-203 Blood Spot TSH:** TSH

**B-208 Blood Spot HbA1c:** HbA1c

**B-205 Blood Spot AMH:** AMH

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## Dried Blood Spot Kit *Continued*

**B-204 Luteinizing Hormone and Follicle-Stimulating Hormone:** LH, FSH

**B-220 Thyroids:** TSH, FT3, FT4, TPOab, Tgbn, TT4

**B-221 Lipids:** HDL, TG, CH

**B-222 CardioMetabolic:** IN, HbA1c, HDL, TG, CH, hsCRP

**B-224 ICPMS Toxic and Essential Elements:** Zn, Cu, Mg, Se, Cd, Hg

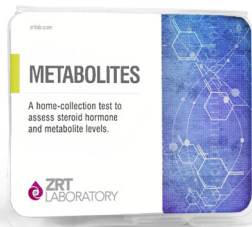
**B-223 LCMS Vitamin D:** D2, D3

**B-240 LCMS Hormones 3 with SHBG:** E2, Pg, T, SHBG

**B-241 LCMS Hormones 5 with SHBG:** E2, Pg, T, DS, C, SHBG

**B-242 LCMS Hormones 7 with SHBG:** E2, E3, E1, Pg, T, DS, C, SHBG

**B-243 LCMS Hormones 7 with SHBG and Thyroids**



## Saliva + Dried Urine Hormone Metabolites Kit

**U-323 Dried Urine GCMS Estrogen Metabolites**

E2, E1, E3, 2-OH E2, 2-OH E1, 4-OH E2, 4-OH E1, 16αOH E1, 2-MeO E2, 2-MeO E1, 4-MeO E2, 4-MeO E1, BPA, Crtn

**U-324 Dried Urine GCMS Hormone Metabolites**

E2, E1, E3, 2-OH E2, 2-OH E1, 4-OH E2, 4-OH E1, 16αOH E1, 2-MeO E2, 2-MeO E1, 4-MeO E2, 4-MeO E1, BPA, Pgdiol, AlloP, AlloPd, 3aHP, 20aHP, DOC, Ccn, TC, TCn, ThC, ThCn, D, Adione, Andro, Etio, T, Epi-T, 5α-DHT, 5α3a, Crtn

**U-321 Dried Urine LCMS Diurnal Hormones I:** FC(x4), FCn(x4), MT6s(x4), Crtn(x4)

**U-340 Dried Urine GCMS Estrogen Metabolites and LCMS Diurnal Hormones I**

**U-341 Dried Urine GCMS Hormone Metabolites and LCMS Diurnal Hormones I**

**SU-845 Saliva 4-Point Cortisol + Dried Urine GCMS Estrogen Hormone Metabolites**

**SU-846 Saliva 4-Point Cortisol + Dried Urine GCMS Hormone Metabolites**



## Saliva + Dried Urine Neurotransmitter Kit

**U-325 Dried Urine LCMS Neurotransmitters**

Trp, 5-HT, 5-HIAA, GABA, Gly, Tau, Glu, Gln, His, HIST, N-MeHist, PEA, Tyr, Tyra, DA, DOPAC, HVA, NE, NMN, Epi, VMA, Kyn, KynAc, 3OHKyn, Xanth, Crtn

**U-321 Dried Urine LCMS Diurnal Hormones I:** FC(x4), FCn(x4), MT6s(x4), Crtn(x4)

**U-322 Dried Urine LCMS Diurnal Hormones II:** FC(x4), FCn(x4), NE(x4), Epi(x4), MT6s(x4), Crtn(x4)

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## Saliva + Dried Urine Neurotransmitter Kit *Continued*

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**U-342** Dried Urine LCMS Neurotransmitters and Diurnal Hormones I

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**U-343** Dried Urine LCMS Neurotransmitters and Diurnal Hormones II

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**SU-843** Saliva 4-Point Cortisol + Dried Urine LCMS Neurotransmitters

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**SU-840** Saliva LCMS Hormones 7 + Dried Urine LCMS Neurotransmitters

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**SU-841** Saliva LCMS Hormones 7 + Dried Urine LCMS Neurotransmitters and Diurnal Hormones I

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**SU-842** Saliva LCMS Hormones 7 + Dried Urine LCMS Neurotransmitters and Diurnal Hormones II

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**SU-844** Saliva LCMS Hormones 7 with 4-Point Cortisol + Dried Urine LCMS Neurotransmitters

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## Saliva + Dried Blood Spot Kit

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**SB-640** Saliva 4-Point Cortisol + Blood Spot Thyroids

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**SB-641** Saliva 4-Point Cortisol + Blood Spot CardioMetabolic

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**SB-642** Saliva 4-Point Cortisol + Blood Spot Thyroids and CardioMetabolic

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**SB-643** Saliva 4-Point Cortisol + Blood Spot LCMS Hormones 7 with SHBG

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**SB-644** Saliva 4-Point Cortisol + Blood Spot LCMS Hormones 7 with SHBG and Thyroids

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**SB-645** Saliva 4-Point Cortisol + Blood Spot LCMS Hormones 7 with SHBG and CardioMetabolic

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**SB-646** Saliva 4-Point Cortisol + Blood Spot LCMS Hormones 7 with SHBG, Thyroids and CardioMetabolic

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**SB-647** Saliva LCMS Hormones 7 + Blood Spot Thyroids

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**SB-648** Saliva LCMS Hormones 7 + Blood Spot CardioMetabolic

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**SB-649** Saliva LCMS Hormones 7 + Blood Spot Thyroids and CardioMetabolic

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**SB-650** Saliva LCMS Hormones 7 with 4-Point Cortisol + Blood Spot Thyroids

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**SB-651** Saliva LCMS Hormones 7 with 4-Point Cortisol + Blood Spot CardioMetabolic

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**SB-652** Saliva LCMS Hormones 7 with 4-Point Cortisol + Blood Spot Thyroids and CardioMetabolic

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**SB-653** Saliva LCMS Hormones 7 with 4-Point Cortisol + Blood Spot Thyroids, CardioMetabolic + LCMS Vitamin D

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**SB-654** Saliva 4-Point Cortisol + Blood Spot LCMS Hormones 7 with SHBG, Thyroids, CardioMetabolic Markers, and LCMS Vitamin D

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# Panel Menu



## Blood Spot + Dried Urine Heavy Metals & Essential Elements Kit

**U-326** Dried Urine ICPMS Iodine: I, Crtn

**U-327** Dried Urine ICPMS Toxic and Essential Elements: I, Br, Se, Li, As, Cd, Hg, Crtn

**BU-744** Blood Spot Thyroids + Dried Urine ICPMS Iodine

**BU-745** Blood Spot Thyroids + Dried Urine ICPMS Toxic and Essential Elements

**BU-746** Blood Spot ICPMS Toxic and Essential Elements + Dried Urine ICPMS Toxic and Essential Elements



## Dried Urine Menstrual Cycle Mapping Kit

**U-328** Menstrual Cycle Mapping: EIG(x15), PDG(x15), LH(x15), Crtn(x15)

## About ZRT Laboratory Test Kits

ZRT's all-inclusive test kits are designed for private sample collection at home, at the optimal time.

Learn more about testing with ZRT at [zrtlab.com](http://zrtlab.com).